

## ARAM TRIP 2025...

# FAQs ANSWERED!

### What is the Aram Trip?

The Aram Trip is a **two week volunteering trip** across **Sri Lanka** offering young people a structured way to contribute to their homeland



### When will the trip take place this year?

Exact dates are to be confirmed, but the trip will likely take place for 2 weeks between **21st June – 16th July**

### Where do we visit on the trip?

We visit a **wide range of institutions and locations** across Sri Lanka, such as:

- children's homes
- special needs homes
- hospitals
- education centres
- schools
- innovation hubs

We are expanding our network and are looking to visit new locations – if you have any suggestions, please feel free to drop us a message!





## What activities do we do on the trip?

Our activities depend on the **skills** our volunteers bring and our ability to scale **long-term initiatives**. They span a **range of sectors**, including:

- Community Development
- Healthcare
- Education
- Technology
- Recreation

Have a look at our 2023 and 2024 trip reports to find out about our past activities!



## Will there be adults with us on the trip?

**Yes!** We will be **chaperoned by adults** with prior volunteering experience and networks across Sri Lanka.

## Will I get time to visit my friends and family in Sri Lanka?

Yes of course! There will be **free evenings and days throughout** the trip to visit family/friends, explore, rest, etc.!

## What information is available to parents?



A **trip information pack** is available via the link in our bio. We are happy to hold an **information session for parents** – DM us if you would be interested in this!

Parents are also welcome to **speak directly to a trip organiser or our parent volunteers!**



## How will we be travelling throughout Sri Lanka?

We will all be travelling together via a **coach**!



## How does flight booking work?

Once trip dates are confirmed we will choose and **book our flights together** as a group so that we can all travel together! Volunteers are however **more than welcome to arrive earlier or stay longer** in Sri Lanka, in which case they can choose their own flights!

## What is the trip payment?

The trip payment covers your **daily meals, accommodation and 1500m+ travel** across the country. We have managed to subsidise this cost through **discounts** through our partners in Sri Lanka.

## How old do I have to be to apply for the trip?

Anyone **over the age of 18** is welcome to apply! We have had volunteers aged between 18–29 join us in our past trips.

## I am not from the UK, can I still apply?

Yes of course! We are **accepting applications** from **all over the world**!

## When is the deadline to apply for the trip?



The deadline has been extended till the **20th of February**, but **applicants** will be **interviewed and selected on a rolling basis**.