

Aram Trip Annual Report

Dec 2023



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Executive Summary

The Aram Trip was a significant endeavour, to allow young people to rediscover their roots through providing aid and support to our people in Sri Lanka. Our dedicated team of 20 volunteers embarked on this mission with a clear objective - to make a positive, sustained impact. During the trip, we visited **15 locations**, including St John's Boys Home, Serendip Children's Home Centre for Fine Arts, Mahadeva Ashram, and others, engaging in a variety of activities ranging from infrastructure development and educational and recreational programs, to conducting medical check-ups.

We made substantial donations, including musical instruments, sports equipment, educational materials, and essential supplies. Notably, **we distributed 500 school bags** across the Northern and Eastern provinces. At St John's Boys Home, we not only donated **cricket bats, footballs, and school bags but also built a chicken shed**. At the Serendip Children's Home Centre for Fine Arts, we raised their ability to showcase talent **by installing a sound system**.

Mahadeva Ashram received **219 pairs of school shoes**, and Varany Central was gifted a comprehensive set of **match-grade sports equipment**. In addition, we supplied girls with safety devices and hosted self-defence sessions across these locations to boost their confidence. We also conducted **medical checks and mental health checks**, providing an opportunity for individuals to share their experiences and concerns. The data gathered, both anonymised and aggregated will be invaluable in planning future interventions and support.

We raised a significant **amount of funds (£20,640)**, which were judiciously allocated to various activities and donations. A detailed financial snapshot is provided with a comprehensive breakdown of the funds raised and their utilisation (**see page 24**). The trip was not only about providing material support but rather building connections, understanding the needs of different communities, and planning for sustainable support in the future.

The overwhelmingly positive feedback we received from the locations visited is a testament to our efforts, and we eagerly look forward to continuing our support. Through our interactions with the charity staff on the ground in Sri Lanka, we identified several areas for future intervention and support. We have planned a series of follow-up activities tailored to the specific needs and contexts of the communities we visited, underscoring our commitment to providing sustainable and impactful support to these communities.

Amount raised £20,640

Sites visited 15

Bags donated 500

Donors >300



Planning Roadmap



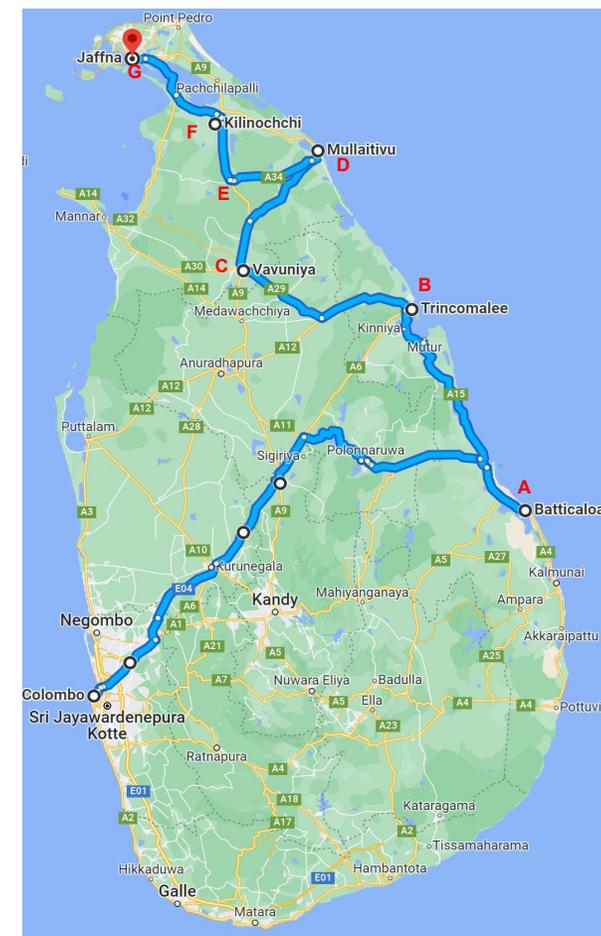
Note that no direct cash donations were made to the sites we visited



Map Route

Throughout our 14-day journey, we visited 16 locations associated with our primary charities; Tamil Aid and Serendip Children’s Home and one secondary charity, Varany Ontrium UK. These locations have been labelled on the map accordingly.

	Name	Information	Location	Map Code
1 Tamil Aid	St John’s Boys Home	Orphanage – Boys	Batticaloa	A
	Saratha Girls Home	Orphanage - Girls	Trincomalee	B
	Hope Autism Centre	Special Needs - Mixed	Trincomalee	B
	Orhan	School for Visually Impaired – Mixed	Vavuniya	C
	Vavuniya Nurseries	Nursery - Mixed	Vavuniya	C
	Mullaitivu Nurseries	Nursery - Mixed	Mullaitivu	D
	Good Shepherd	Orphanage – Girls	Mankulam	E
	Mahadeva Ashram	School – Mixed	Kilinochchi	F
	Sacred Heart	Orphanage – Girls	Kilinochchi	F
	Advanced Technical College – HnD	College - Mixed	Jaffna	G
2 Serendip Children’s Home	Green Memorial Hospital	Hospital	Manipay, Jaffna	G
	Serendip Special Needs	Special Needs - Mixed	Kilinochi	F
	Serendip School	Fine Arts - Mixed	Kilinochi	F
	The Ark	School for Mentally Impaired - Mixed	Chunnakam	G
3 VOUK	Vaalvaghnam	School for Visually Impaired - Mixed	Chunnakam	G
	Varany Central College	School - Mixed	Varany	G





Site Reports

Aram Trip 2023

St John Boys Home

Batticaloa, Eastern Province

Donations

2 cricket bats, 3 cricket ball tins, 2 footballs, 1 football net, 1 keepers gloves, 10 cones, 20 school bags and built a chicken coop with chickens!

Activities Overview

St John Boys Home is an orphanage for boys aged 5 to 18 years old. The home, located in Batticaloa provides strong foundations for the boys to thrive in their lives - through encouraging physical activities and teaching the boys to work and live together. At the St John Boys Home, we conducted the following activities:

- Built a self-sustaining **chicken coop**, being a source of food and income
- Integrated **sports sessions**, focussing on building team working principles
- **Musical performances** and exchange
- **Origami activities**
- Provided a hand-made **English/Tamil Articulate** game.

Follow Up Requests

Mentorships: Initiated mentorship programs for 5-7 children each from Girls and Boys Homes, offering tailored support for O-Level, A-Level, and University levels.

Volunteer-Led Activities: Engaging volunteers teaching sports, music, arts, English, science, math, and more to home kids and Youth Leadership students.

Intellectual Resource for Community College: Developing hands-on learning programs in math, science, IT, robotics, and English for children and post-school youth.

Financial Support: Seeking funds for 50 children's monthly expenses, estimated at £35-40 per child, and the disability centre's needs, which amount to approximately Rs. 150,000-200,000 per month.



Boys constructing the Chicken coop

'Thank you for your visit and for your support for the chick coop'



Cricket game

'The kids thoroughly enjoyed your presence, food and the gifts you gave them.'



Arnan on Arts and Crafts

Saratha Girls Home

Trincomalee, Eastern Province



Donations

A keyboard, violin, thaalam, badminton set with shuttlecocks, 10 cones. 30 rape alarms. 30 toothbrushes. 10 reading lights. 30 school bags

Activities Overview

Annai Saratha Home provides a nurturing environment to 24 girls ranging from ages 13-18. Being the first girls' home we visited, this experience was truly memorable to us all! As well as running fun activities such as **bracelet making, musical chairs, and dancing**, we also hosted informative workshops on the following:

- Dental hygiene
- Self-defence

We also carried out **medical checkups**, not only to assess the girls' overall wellbeing, but also provide a safe space for them to share their experiences and express any concerns.

Follow Up Requests

Sound: Donation of a quality speaker to the orphanage

Photos: Ensure the provision of additional Polaroid film during subsequent visits as the kids really showed interest in taking pictures for memories

Report of concerns: Address and include specific concerns in a medical report for the chief medical officer of Kilinochi



Girls walking the premises fields



Polaroids :)



Harren conducting Self Defence

Hope Autism Centre

Trincomalee, Eastern Province



Donations

2x Badminton Set, 20 x School Bags, Face painting Set, Special needs toys

Activities Overview

Hope Autism Centre is a day-centre offering children aged 5 to 21 with Autism valuable opportunities to develop life skills, engage in games, and form friendships.

Upon initially meeting the children, we found them to be quite reserved, however through the art of music, we were able to connect and build meaningful rapport with them. We further bonded with the children through activities such as:

- Art workshops
- Dance-offs
- Simple sports activities

Follow Up Requests

Specific medical equipment: Therapeutic gym ball, Infra light machine, TENS MACHINE, Ultrasound pain relief machine, Sodium diclofenac gel

Establish a collaborative network among the centres: to facilitate the exchange of innovative ideas and best practices.



Art session



Aram schoolbag for the HOPE child

'Thank you for your visit and gifts. Have a safe journey.'



HOPE building

ORHAN

Vavuniya, Central Province



Donations

Bongos, Dolak, Guitar, Maracas, Tambourine, Thalam, Toys

Activities Overview

ORHAN is dedicated to a broad spectrum of projects including sign-language classes and physiotherapy sessions. Located in Vavuniya, it serves as a hub for knowledge around the topic of physical and mental disabilities. At Orhan, we conducted:

An **origami workshop** with the kids. This was followed by a **musical session** with our donations. We gained a thorough understanding of ORHAN's work through an in-depth presentation they provided, discussing improvements and collaborations. Before signing off, **we sponsored a special meal** for the children before heading to their paralympic sports meet.

Follow Up Requests

Launch a Social Media campaign: by utilising the high-quality photographs taken during the visit.

Redesign and restructuring of Orhan's website: to improve clarity, layout, and effective communication of their projects.

Establish a collaborative network of special needs organisations: including Orhan, to facilitate the sharing of best practices and knowledge.



Orhan poster to teach Sign Language!



Orhan's requested donations (1/2)



Orhan music group

Vavuniya Nursery

Vavuniya, Central Province



Donations

Painting water doodle mat, Scented rubbers, Sticky whiteboard wallpaper, Whiteboard pens, Whiteboard eraser, Face painting set, Party bag, Animal masks, Finger puppet, Sticker packet

Activities Overview

As part of our broader initiative in Vavuniya, our group divided into two to effectively cover more areas. One segment of our team visited a local nursery:

We engaged in a range of playful activities with the children. Our team introduced the children to several English nursery rhymes. At the same time, we had the opportunity to learn some Tamil nursery rhymes from the children too! The children were exposed to watercolor mats and were provided guidance on their use. As a parting gift animal-themed party bags containing assorted items were distributed to the children.

Follow Up Requests

Install a New Well: Set up a well to provide a steady water supply with a tap for the nursery.

Wall Makeover: Freshen up the walls with a new coat of paint to improve the overall look.



Kids engaging with our donations



Nursery rhyme exchange



Party bags!

Good Shepherd Girls Home

Mankulam, Northern Province



Donations

2 Bongos, Thalam, Tambourine, Maracas, Guitar, Volleyball net, 2 Volleyball, 10 Cones, 1 badminton set with shuttlecocks

Activities Overview

Good Shepherd Girls home is a home providing care and support to over 30 children.

The children welcomed us in a truly wholesome manner, with handcrafted flower garlands, and a heartfelt song they had written! To teach the girls **English** in a fun manner, we introduced and played the Tamil-English version of 'Articulate' that we had created. As well as this, we ran an interactive workshop, to teach vital **self-defence** skills, and delivered a talk on **dental hygiene**. Through **medical checkups** we assessed their general health whilst providing a safe space for discussions on experiences, concerns, and general matters. To wrap up our visit, we held a **dance-off**, where the children and volunteers bonded through music and dance moves!

Follow Up Requests

Integrate 'good touch' vs. 'bad touch' into the self-defense workshop.

Schedule consistent health check-ups for the girls.

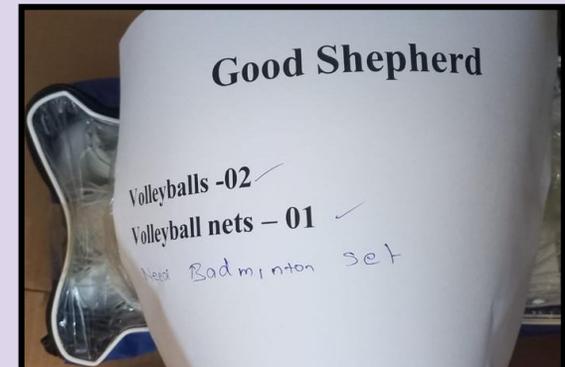
Report specific concerns to the chief medical officer of Kilinochi in our medical report.



Church room photo



Ajith conducting a self defense workshop



Good Shepherd donations

Serendip Fine Arts Centre

Kilinochi, Northern Province



Donations

4 violins, a Keyboard, 2 mridangams, 6 microphones, installed a performance sound system.

Activities Overview

Serendip fine arts centre is a community centre that focuses on but is not limited to carnatic arts and self defence. They regularly host community programs and concerts.

We participated in a fine arts showcase with our volunteers

- choreographing and performing a short dance,
- a full carnatic musical performance with a vocalist, violinists, veena and mridangam players

We then hosted an anti-drug awareness talk, delivered by one of our volunteers.

To wrap up, we had an in-depth discussion with Serendip staff on ideas of developing the charity in terms of awareness and also with their capabilities and how we can help them with certain tasks etc. We ideated a few initiatives that are in the works to become future projects.

Follow Up Requests

Life talks: Though the students come for fine arts, they can use some of the recreation/self defence time to discuss bullying, friendships, and general mental health

Lack of Manpower: The current staff run all parts of the charity, from admin to finance to the day-to-day care. This means that they can't specialise and run initiatives as they would want.

Equipment: They are missing mic stands to accompany the microphones.

Social Media Expertise: Staff would heavily benefit from sessions that can be ran online regarding basics of how to use and post on social media to learning professional skills like video creation (YT) and photoshop, which could even be used for future employment.

Online Lessons: There were some students who were very keen in learning different instruments like the piano and guitar, for which we can set up potential online lessons with UK volunteers

'You have provided our children and the staff with invaluable experiences and insights.'

'Life is all about how we can spare time for others who are less fortunate.'



Girls fusion dance performance



Aram Carnatic performance



Sharugha playing Veena

Mahadeva Ashram

Kilinochi, Northern Province



Donations

219 school shoes, 15 football boots, football nets, keeper gloves, football cones, 5 cricket ball tins, 5 cricket bats, a cricket kit bag, 15 cricket jerseys, 4 footballs, 6 volleyballs, 2 volleyball nets, 10 rubik's cubes

Activities Overview

Mahadeva Ashram is a large orphanage home located in Kilinochi, serving over 210 children in total.

During our visit, we donated a pair of **school shoes** to each of the 210 children, ensuring they had proper footwear for school. Participated in fun-filled sessions of cricket, football, and volleyball, bonding with both the girls and boys. Our medical team carried out **BMI evaluations, physical health assessments, and one-on-one mental health conversations**, offering the children a safe space to discuss their experiences and concerns. Delighted in **sponsoring a collective birthday party** for the children with June birthdays. The festivities were further brightened by a spontaneous fusion dance by our Aram team members.

Follow Up Requests

Initiate a dialogue with the ashram's management: to emphasize the importance of allowing children a safe space to voice their concerns and experiences.

Organise workshops or discussions on bullying, good behaviors, and overall emotional well-being.

Collaborate with other sites: to share best practices and resources for the benefit of the children and the institution as a whole.



Mahadeva 219 shoe donation



Children's game



Palm leaf meal

Serendip Special Needs

Kilinochi, Northern Province



Donations

A variety of toys and balls

Activities Overview

Serendip Special Needs centre provides holistic care and parental guidance for special needs children who have been diagnosed with a wide range of conditions.

Alongside their daily care, they also host events to bring awareness and dispel myths around the topic. We participated in

Group activities: Participated in a range of interactive games, including the classic egg and spoon races, fostering camaraderie and joy among the children.

We engaged with the parents, understanding their perspectives and challenges, while also spending quality time with their children, emphasizing the importance of community support and interaction.

Follow Up Requests

Lack of Manpower: The current staff run all parts of the charity, from admin to finance to the day-to-day care. This means that they can't specialise and run initiatives as they would want.

Translation: Specifically, translation is an area which is low value but time-consuming. This hopefully should be outsourced to other volunteers, university students who may want to volunteer potentially made faster with AI etc.

Social Media Expertise: Staff would heavily benefit from sessions that can be ran online regarding basics of how to use and post on social media to learning professional skills like video creation and photoshop, which could even be used for future employment.

Communication: Serendip has many different projects and physical locations that it runs concurrently. Communicating this clearly through media would be very useful as it was a source of confusion for us.

'You have provided our children and the staff with invaluable experiences and insights'



Special Needs sports session



High-fives



Suganya assisting with the sensory toys

Sacred Hearts Girls Home

Kilinochi, Northern Province



Donations

Keyboard, 2 bongos, tambourine, maracas, 2 netball balls, 1 pump, 2 netball nets, a badminton set with shuttlecocks, 10 cones

Activities Overview

Being the last girls home we visited, this was yet another memorable experience for us all. **Sacred Hearts is home to over 20 young girls, whom we welcomed with colourful flower garlands.**

We held a meaningful **discussion on female friendships, bullying and positive behaviours**, to foster and promote a supportive environment. As with the other girls' homes, we ran a **self-defence workshop**, distributed **safety devices** such as rape alarms, and held meaningful **mental health conversations**. The children experimented with the musical instruments we donated, and the night ended with a fun **sing-along** and **dance-off!**

Follow Up Requests

Request for support: Pledge for a £70/month sponsorship for a girls' clothes, food and book costs.

Safety & Awareness: Reinforcing topics of personal safety and awareness is crucial, evident from the girls' positive response to the rape alarms and self-defense sessions.

Follow-ups:

Mental Health Continuity: Given the significance of our one-on-one sessions, setting up a system for periodic mental health check-ins might be beneficial.

Facilitate Group Discussions: Organizing more group discussions on topics such as friendships, bullying, and other relevant subjects to encourage positive behaviors and bonding among the girls.

'Through your visit we learnt many things especially with the way you planned things with the children.'

'Your team members are very talented, and your gifts are very useful for our children.'



Photo in front of Building Blocks' building



Our guitar donation bringing a smile



Ajith and Dilan on our self-defence session

Varany Central College

Varany, Northern Province



Donations

Volleyball : 5, Netballs : 5 Football : 5, Ella Ambu Bamboo Stick set: 1, Spikes Set: 5, Hurdles : 20, Netball Bibs, Tennis Balls, 8, Badminton Set, 1, Cones (x10), Shuttlecocks: 12 x Stopwatch:x 4 Keeper Glovesx 2

Activities Overview

Varany Central College is a high school located in Jaffna. We organised and carried out a plethora of activities during our visit alongside donations.

Our boys teamed up for a football match against Varany's first team, while the girls had a competitive netball game against the Varany girls' first team. We shared melodies during singalongs, on top of a ukulele. We then conducted **breakout sessions for A-level students**, offering advice on university applications, revision techniques, and career insights into fields like Computer Science, Data Science, Medicine, and Mathematics. Our seasoned **chess** player provided training to the school's chess team and engaged them in friendly matches. Finally we, engaged with the science department to assess and address needs, focusing on providing books for OL and AL studies and updating experimental equipment.

Follow Up Requests

Enhanced Study Tips: Plan a subsequent visit with resources and a structured presentation focused on effective revision techniques and study strategies.

Strengthening Educational Resources: We are currently coordinating the procurement and donation of essential books and science equipment, as highlighted by the science department during discussions.

Resource Gaps: Recognized the school's specific needs in terms of books and science apparatus to support the curriculum effectively.



Aram XI vs Varany First XI



Aram vs Varany Netball

'Donations will be used for a 58-school Sports Day!'



Araman hosting a chess session

Green Memorial Hospital

Manipay, Northern Province



Donations

Keyboards and toys

Activities Overview

During our visit to Green Memorial Hospital, we had the opportunity to learn about neurorehabilitation through a valuable shadowing experience on the physiotherapy unit.

Dedicated staff shared insights into different plans and protocols in place and showed us different equipment used in treatment. The positivity and resilience exhibited by both staff and patients was inspiring, and engaging with patients through simple **conversations** and **sing-alongs** was rewarding. Witnessing the compassionate care provided by the physiotherapy team deepened our appreciation for the care provided at this hospital.

Follow Up Requests

Mobile Physiotherapy Initiative: Explore the feasibility of establishing a mobile physiotherapy unit for home visits. This will require concerted fundraising efforts.

Unit Expansion: Consider the expansion of the unit by recruiting additional physiotherapists. Nurse Shayuthan can leverage his network in Jaffna to identify potential candidates.

Work Experience: Set up and communicate a work experience program for diaspora students.

Playground: Request for establishment and maintenance support of a playground to house special needs children to help mitigate against aggressive behaviour.

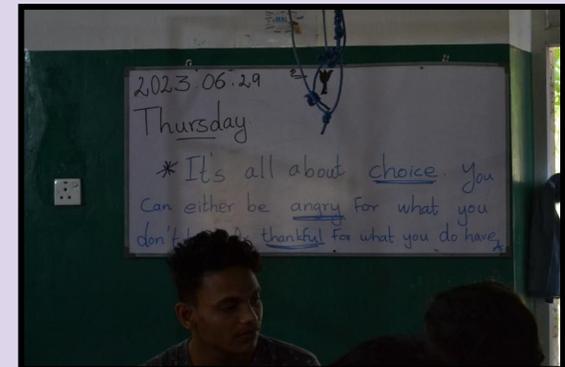


Demonstration of hospital equipment



Sharugha bonding with the elderly patients

'The sensory bag, keyboard, and other toys are really useful'



MGMH quote board

The Ark

Jaffna, Northern Province



Donations

2 sets of Braille Paper, Toys for Special Needs

Activities Overview

The Ark is a centre providing care for children with complex medical conditions such as Down's syndrome and autism.

Here we led various engaging activity sessions, such as **musical chairs**, **obstacle courses** and **cricket**. Whilst some children took part in these physical activities, others bonded with our volunteers over more creative pursuits such as **colouring**, **drawing**, and **puzzles**. As with the other homes, we ended our visit with an energetic dance party!

Follow Up Requests

Going out of the centre: The next time we do come, it was asked by Serendip if we could take the children on a trip to the beach because experiences resonate much more with the kids.

Parents support (Mental): The burden faced by a special needs child on the family was one of the main reasons why it is not common for parents to bring them to places like Ark and manage them, so helping the community through one-off talks was suggested to make a start in changing attitudes to then be followed by deeper support

Parents support (financial): Financially it can be very difficult and time consuming to manage a special needs child, leading to conditions deteriorating as parents can't afford transport/treatment and prioritising siblings.



Child playing with the sensory toys



Arts and Crafts session



Musical chairs session

Vaalvaghham

Chunnakam, Northern Province



Donations

Talking watches for blind people (x41), toys

Activities Overview

Vaalvaghham is a home dedicated to improve the quality of life of those have various levels of ost eyesight. During our short visit we provided:

- Voice assist watches
- Musical performances

Follow Up Requests

Local volunteering - Considering the center's enthusiasm for singing together, establishing a connection between Valvaghham and nearby universities to engage in musical sessions could significantly enhance their quality of life and bring moments of joy and happiness.



Revika explaining how to operate the watches



Chat demonstrating the talking watch



Kirthana setting the watches



Feedback

We're thrilled to learn about the lasting impact of our time and donations

Thank you for your visit and for your support for the chick coop. The kids thoroughly enjoyed your presence, food and the gifts you gave them. They also felt dignified at your association with them, serving them and also posing with them for photographs.



Darshan

St John's Boy's Home

The sensory bag, keyboard, and other toys are really useful. Now, on Sundays, we are providing training to coaching assistants to have keyboard classes for special need children, thus helping them to concentrate on work.



Yalini

Green Memorial Hospital

Thank you so much for your support and concern towards the children. Through your visit, we learned many things, especially we appreciate your coordination and team spirit. Your team members are very talented. Your gifts are very useful for our children.



Sister Yvonne

Sacred Heart Girls Home

Thank you so much Harren, Chat & your guys for the donations. We had a good experience with you. We appreciate how you coordinated things from well before your visit to the way you effectively delivered things on the day. Please come again!



Pranavan

Serendip Fine Arts

Your donations are being used to host zonal sports festival (four days at Varany central). Nearly 58 schools are participating over four days. Our special congratulations and thanks to our dear British relations for organising.



Principal

Varany Central College

Thank you all for your effort in visiting us in July, spending quality time with our children, and donating essential items to the centre. You have provided our children and the staff with invaluable experiences and insights and left wonderful memories.



Trisha - Chairperson

Serendip



Donations

Thanks to all the fundraising, we were able donate a range of items, a few of which are pictured below.



Varany Sports Day Set



Musical Donation Set



Sample of 500 Schoolbags



Sacred Hearts Donation Set



Sports donation set for St Johns



Musical Donation Set



Manipay Green Memorial Keyboard donation



Account Summary

Finance Snapshot

(FY23, £)

Source of Funds	
JustGiving donations	13 630
GiftAid from JustGiving	957
GiftAid from team	875
The Wimpole Clinic	2000
BBK	2000
Casino night with Rising Events	678
PwC Matched Fundraising	500
Total	£20,640



Use of Funds	
Sports equipment	3528
Football boots	519
Musical instruments	1362
Aram pre-filled school backpacks	5348
Chicken coop building materials	1100
Sound system for fine arts school	768
School shoes for M. Ashram	1623
In-trip purchases	56
Other site-specific donations	3319
Special meals for residents	1059
Post trip donations	
Vanni flood relief (roofing + food supplies)	300
Vavuniya nursery painting refurbishment	238
Sewing Machine	190
Finishing chicken coop	101
Total	£19,511
Surplus	£1129

Surpluses will be dedicated to follow-up projects identified during the trip.

Thus far, we have managed to mobilise £19,511 to fund donations to 17 locations. To reiterate, in line with our charity values, all admin and peripheral costs are absorbed by the volunteers. This is to ensure that 100% of our funds are attributed directly to the donations and philanthropic activities.



Continuation Plan

Follow Up Actions

Action	Our Plan
 Digital/Social Media Training	Aram team will enhance the digital presence of select orphanages/hospitals by conducting training sessions and creating platforms. The aim is to improve their communication of their institution for more effective fundraising.
 Mentorship/Teaching	A form has been initiated for the Sri Lanka mentoring program, aiming to connect Sri Lankan students with diaspora students/workers. This collaboration will aid in job applications, interviews, and improving English proficiency.
 Communicating Issues/ Fundraiser	After obtaining site feedback and conducting meetings, we plan to address requested issues and fundraise through communicating them through our social media platforms, targeting areas where we've identified the biggest needs.

How you can get involved

We have areas where you can continue to help the operations of the wonderful places we visited:

St John's Boys Home: £35-40 per child for their food and miscellaneous expenses.

Disability center: Approx. £500 monthly a month to support a child.

Saratha Girls Home: £70 for a child's 3-course meal/month.

Vavuniya Umayavil Nursery: £120 for a water pipeline.

After follow-up communication to understand the rest of the sites needs', **we're planning to share updates via our Instagram @aram.trip. We'll highlight specific financial needs and upcoming initiatives.**



Special Acknowledgements

We'd like to express a special thanks to

BBK Sri Lanka

Thank you Rebecca and all at BBK Colombo for obtaining quotations and purchasing at best prices, making the packing lists and organising the donation items in parcels

Vidusan Jeyakumar

Thank you for running a dance workshop to fundraise for us!

Sanujan Sritharan

Thank you for transporting, installing and running the sound system for the Serendip showcase!

Jaffna Stallions Cricket Academy Trainees

Thank you for organising the donations in packing order and loading the vans for the sports equipment, as well as establishing competitive prices for sports equipment.

Ashoka and Aravinda

Thank you for safely and securely taking us around on our trip. You were very helpful and reliable

Arnold & Meera

Thank you for helping us for being our main mentors during this trip with organising and logistics, and for chaperoning and guiding us through the entire tour!

Vyshna Thaneswaran & St Georges TSoC

Thank you for running your bake sale to fundraise for us!

Nanthujan - Vavuniya

Thank you for helping us with your charismatic drug awareness speech and coordinating our Vavuniya donations!

Viveka Hotel, Jamon Jamon Restaurants, Riversure Insurance

Thank you for your sponsorship contributions and for supporting our endeavour.

TSI

Thank you for helping us out with interviews and promotion.

Our 2023 Partner Charity

Tamil Aid

Tamil Aid facilitates **aid projects** delivering support to those in need in the rural regions of Sri Lanka. For Aram Trip they were our collaborating partners and logistics providers to make the Aram Trip 2023 a resounding success.

est. 2006 | 100% transparency | 0 admin cost

Here are a few of the projects that Tamil Aid have enabled recently:



- Mullaithivu and Vanni areas were recently flooded by extraordinary amounts of rain.
- Within 1 day, Tamil Aid provided Phase 1 of several dry ration food packages & tarpaulin roof covers for many families, with Phase 2 in progress



- Kickstart have run several trips over many years and continue the legacy projects they discovered.
- Recently, they have constructed a new physiotherapy unit for ORHAN (Organisation for Rehabilitation of the HANdicapped) in Vavuniya.



- Building Blocks main focus is uplifting the education, medical and dental standards of children in Sri Lanka.
- The infrastructures such as orphanage dormitories have helped numerous lives, and the smiles generated from their trips are still beaming to this day.

Find out more on their website www.tamilaid.org or on instagram @tamilaid



Our 2023 Supporting Charity

Serendip Children's Home

Serendip Children's Home was established with the mission to 'provide sustainable & critical assistance and empowering the most vulnerable in society in the north & east of Sri Lanka'.

est. 2009 | Positively impacting at least 1,500 lives each year

Here are a few of the projects that Serendip have enabled recently and are looking to expand:



- Providing daily food and clothing to over 185 elderly people that lack access to essential provisions, and we are trying to help more...
- We also currently provide a breakfast scheme to over 120 preschool children 5 days a week, who would unfortunately go to school starving if not.



- We are working to replace and repair roofs of tea plantation workers in the hill country of central Sri Lanka and we've helped over 50 families so far.
- We are providing water infrastructure in hill country regions in an effort to provide access to clean water.



- Serendip actively funds vital self-sufficiency projects, helping widows to become independent workers and entrepreneurs





A message from the organisers

Dear all,

Thank you for all your support and generosity.

We hope that this document has provided you with a comprehensive understanding of our efforts and the impact they have had.

Your engagement is important to us - whether you're a donor, a volunteer, or someone simply interested in our work, we appreciate your time and attention. Please do get in touch if you would like to help fulfil the follow-up requests in this report - or even suggest new initiatives or methods to carry out the work. We are committed to transparency and open communication, and we hope this report has met those standards.

Thank you once again for your time and support. We look forward to continuing our mission and sharing our journey with you.

Many thanks,
The Aram Team

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If you would like to contribute to our efforts, or have your own donation or project you would like to conduct, please get in touch!



Thank you!

Aram Trip 2023